

# 30 DAY FINANCIAL CHALLENGE



Day 1	Day 2	Day 3	Day 4	Day 5
Get a Budget App	Create Financial Plan	Give Up a Guilty Pleasure	Use a Coupon	No Spend Day
Day 6	Day 7	Day 8	Day 9	Day 10
Reduce Grocery Spending	Create Debt Plan	Review Your Subscriptions	Cancel Unneeded Subscriptions	Review Retirement Allocation
Day 11	Day 12	Day 13	Day 14	Day 15
Pack Your Lunch	No Spend Day	Use a Coupon	Check Credit Score	Minimize Non-Essential Spending
Day 16	Day 17	Day 18	Day 19	Day 20
Subscribe to a Financial Newsletter	Explore New Income Streams	Learn About Investing	Start saving for Vacation	Pack Your Lunch
Day 21	Day 22	Day 23	Day 24	Day 25
No Spend Day	Pack Your Lunch	Listen to a Finance Podcast	Use a Coupon	Create a 'Fun' Account
Day 26	Day 27	Day 28	Day 29	Day 30
Evaluate Credit Card Options	Meet With Financial Advisor	Create an Investing Schedule	Create Emergency Fund	Analyze Income to Expenses

**NAME**

When you effectively manage your income and expenses, you're achieving a state of financial wellness